

# Pakistan: Climate Change and the Sufferings of Rural Women

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Amongst the countries most-affected by climate change, Pakistan is the most vulnerable country as it has been experiencing an intense climate change impacts throughout its ecological zones such as glaciers, high mountains, tropical forests, riverine belts, deserts, and coastal ecosystems. As a consequence, in view of escalating social, environmental and economic challenges for the country, climate change has recently raised serious concerns.

Climate change is not gender neutral and women bear a disproportionate burden of climate change consequences. Women are in fact closer to nature than their male counterparts and possess traditional experiences and profound knowledge of nature. Women in rural communities are the backbone of agricultural production and play a significant role in the management of natural resources because of their social and economic roles which require them to provide food, fuel, fodder and income derived from the surrounding resource base. Hence, Rural Women suffer most of the burden of risk when the climate change impacts upon natural resources or a natural disaster (floods, cyclone, drought) comes off. For instance, when the land is flooded and infrastructure (roads and houses) are damaged, large scale displacement from inundated areas happens and much of the burden of dislodgment falls on women.

The factors that increase the vulnerability of Rural Women to climate change are: gender-based discrimination against women; unequal power relations between women and men including in access to assets and resources; violence and intra-household inequities. Besides, women also suffer from low levels of education, inaccessible health facilities and high gender inequality. Thus Rural Women, due to a number of above mentioned pre-existing factors, lack adaptive capacity to climate change despite the fact that the share of burden falls disproportionately on them.

On the International Day of Rural Women (15<sup>th</sup> October, 2013), the United Nations has highlighted the important role of women in responding to climate change. UN's top climate change official Ms. Christiana Figueres, while addressing to a gathering in Korea, spoke about the challenges that rural women face to cope with climate change. She said, "climate change adds to the challenges facing rural women, as social and economic inequalities mean the climate impacts often fall heavily upon women". And "at the same time, women play a critical role in the fight against climate change because they often have a more direct approach to sustainability and valuable sets of skills and knowledge in their local communities."

According to field research conducted by Shirkat Gah (an NGO and women's resource centre) in District Shaheed Benazirabad (Nawabshah) in 2011, District Swat in 2012 and recently in the coastal areas of District Thatta, the local community revealed that the shifts in weather patterns and climate change have put more pressures on rural women than men. The studies captured vulnerabilities of rural women towards climate change at the local level with reference to resources that fall within the ambit of their roles (management of resources like water, fuel and fodder, livestock, agriculture and livelihoods). Apart from this, shifts in cropping patterns and agriculture technologies and frequent use of synthetic pesticides/fertilizers have increased the vulnerability of women. The Shirkat Gah studies have generated sufficient amount of evidence on nexus between

rural women and the nature; and the way climatic changes are affecting women's life, livelihoods and their empowerment. Given below are the salient findings of research done by Shirkat Gah.

Rural women work for about 12 to 15 hours a day; from early morning until midnight. Depending on locality, their home activities usually include caring of children, elderly and disabled members of the household; food preparation and preservation; cleaning; washing; and sewing/stitching/embroidery work, and making rilli and chitai; etc. Their outdoor family maintenance activities include transporting drinking water; fuel wood; fodder, etc. Their farm activities include livestock rearing, milking, cutting fodder, chopping fodder, seed saving, crop harvesting, picking cotton, storage of farm-produce, taking post-harvest care, etc.

30 years back, women were quite healthier and they were living life with better daily routine, nutritious diet and the enjoyment of life. Now, women are generally weak, food insecure (undernourished) and they do bear lots of health problems. While working, women usually exhaust in a little while but they still continue working due to extra home/societal pressures.

Women, over the time, have lost control over natural resources. Climate change has reduced land fertility as well as the agricultural productivity; abandoned many crops/fruits; and also changed cropping patterns besides multiplied use of chemical pesticides/fertilizers. Similarly, forest cover has also been reduced and the fishing activity has now been altered all together. As a result of all these changes, workload and hardships of women has increased manifold.

Women currently have less socialization due to increased work hours and economic pressures. Emotional wellbeing of women has reduced with increased level of stress, anxiety and frustration. As a result, family disputes have also increased and women always argue financial problems with men and in return, men tend to show anger and use violence against women. These disputes have also given rise to escalating divorces and court cases.

The community responses reveal that due to climatic changes and escalating economic pressures, women are going through many hardships of life. Some important aspects in this regard are given below:

- Escalating temperatures and economic pressures have increased the domination of men over women besides frequent incidents of violence against women (physical assault) and undue social restrictions and even rape and abduction.
- 30 years back, women used to collect water from dug-wells close to their homes. Currently, they use to fetch drinking water from long distances. In coastal areas, the water even cannot be stored for long as it develops bad taste after some hours and women have to bring fresh water again.
- 30 years back, fuel wood collection and its use in a household has never been a problem. Currently, women used to collect fuel wood from long distances (it takes 5-6 hours to bring firewood that lasts only for two days). Many health and life risks are involved as women use to encounter snake/scorpion attack; body cut by wood-cutting axe; and thorns injury. As per women, certain plants are poisonous and some of the victims of thorn injury got physically disabled on permanent basis. The smoke of the fuel wood taken from mesquite (Devi) plants in Sindh is said to be and breathing problems i.e. Asthma.
- 30 years back, women from the coastal fishing communities were equally involved in fishing activities but currently they have lost their share due to introduction of deep sea fishing and loss of fish/shrimps in river/beaches/creeks. There is no more "family fishing".
- 30 years back, women from the agrarian community were involved in their family agricultural

activities near their homes. Currently, most of the small farming communities have abandoned agricultural activities and women, due to economic pressures, work as agricultural laborer in surrounding villages for 4-5 hours a day. They are also paid less than the men. There is no more “family Farming”.

- Escalating economic pressures have also forced women to carryout non-traditional commercial work such as Chitai making; making/selling paan/Gutka locally; and operating small shops within their own villages. As regard Chitai making, women use to work during night hours.
- 30 years back, natural disasters were minor and unusual. Currently, the local communities are facing frequent violent rains, windstorms, cyclones and floods. As a result, women sufferings have also been increased as, during the disaster, they use to secure children and elderly persons; home belongings and vital assets; food; fuel wood; etc. besides fixing damaged parts of their home.
- Because of limiting agricultural and livestock activity, women are facing added food and nutritional problems and their vulnerability to food has multiplied as they are the last ones who eat food in the family. Polluted drinking water is also affecting women more.
- As being primary caregivers, women responsibilities have also increased overtime due to more frequent and prolonged health problems of family members.
- Due to growing poverty, women currently face marriage problems as well. Currently, most of the marriages happened to be forced marriages. Families and the bride herself cannot choose and they have no other option but to accept and compromise completely. Escalating cases of early age marriages have also been documented.
- In case of out-migration during climatic disasters, women suffer more problems due to their isolation from other family members.

Rural Women are not just helpless victims of climate change but they also possess useful knowledge and experiences that can be effectively used to mitigate climate change as well as developing strategies to cope and adapt. Hence, women’s concerns have to be integrated in climate change policies to make them comprehensive. Women also deserve their fair share in decision-making due to their higher vulnerability to climate change as compared to fellow men.

**Tahir Hasnain**, 29 October 2013

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\* <http://envirocivil.com/climate/climate-change-sufferings-rural-women/>

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